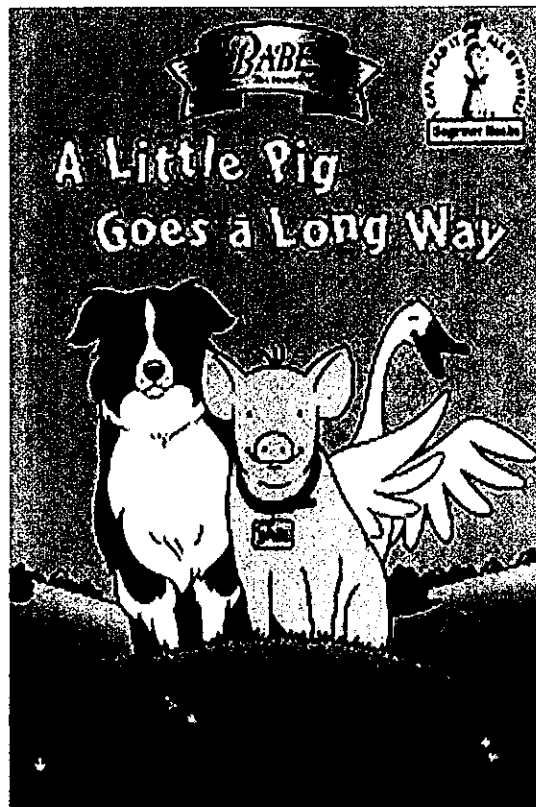


Students Name _____ Class _____



Making Jesus Real in Year 3



We gratefully acknowledge the work of Michael Jones and Sandra Gunning of Henschke Primary School Wagga Wagga who are largely responsible for this booklet. We also thank the Hobart CEO for permission to use pages from their publication of MJR.

W.E.S.T. IS...

WELCOME



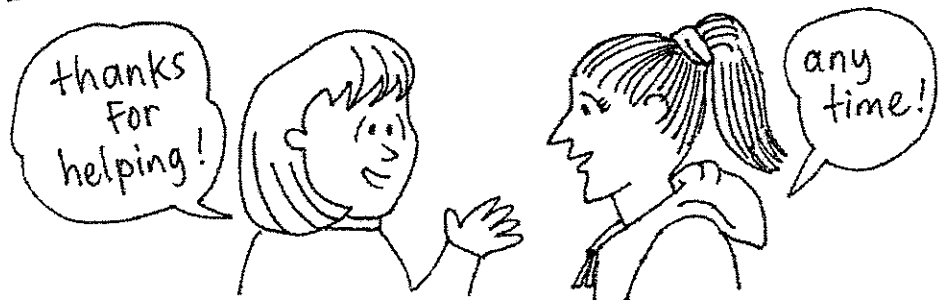
ENCOURAGE



SORRY



THANKS



THESE ARE FOUR GREAT WORDS TO LIVE BY.

HAPPY CHAPPY

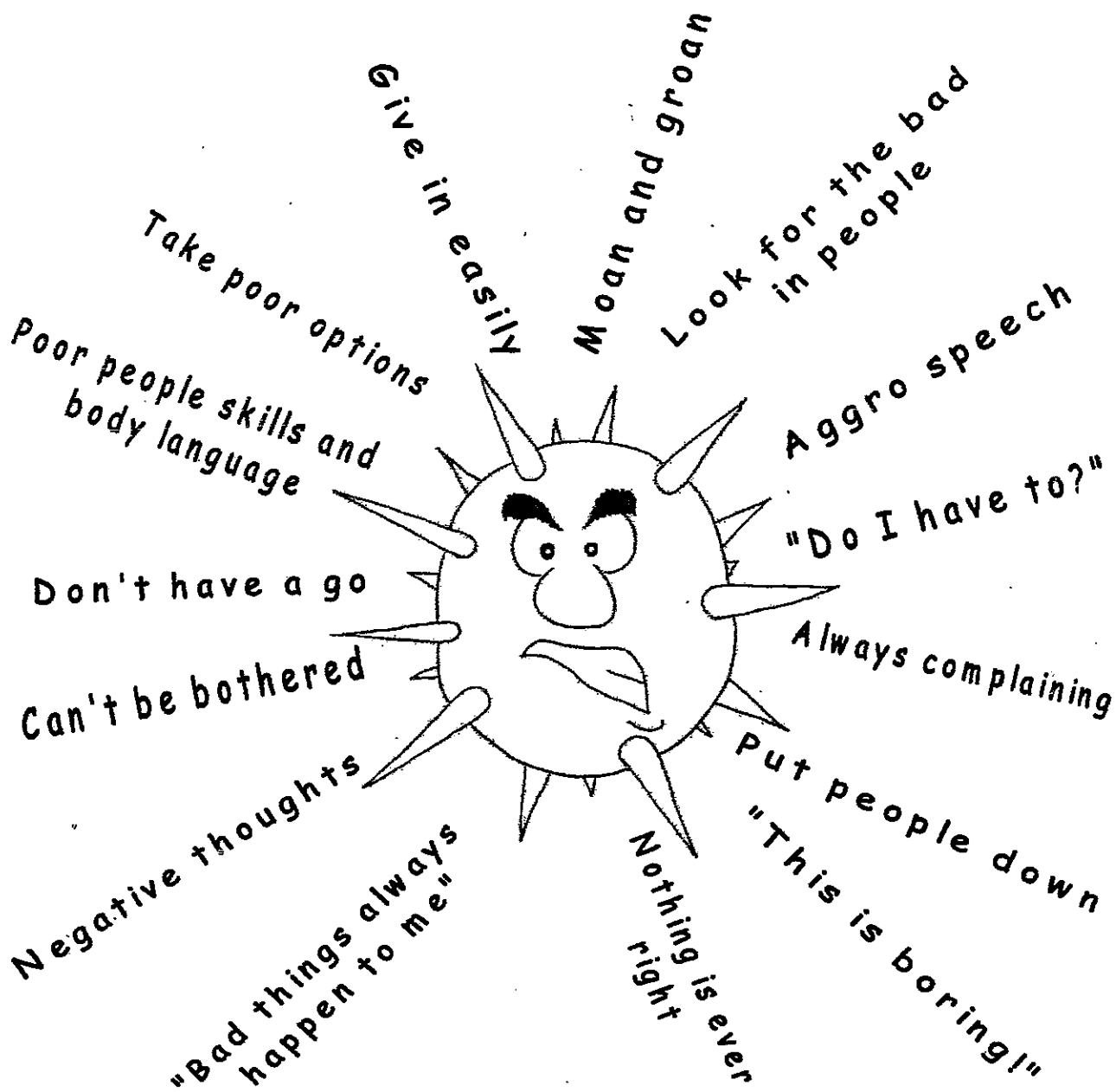


ACTIVITY

Circle four things that you would like to be.

Use a different colour and circle three things that you are.

Nastie Pastie



Exclude

Argue

Sulk

Talkback

ACTIVITY

Circle five things that you don't want to be.

Welcome

To welcome others around you is a very important thing to do. It makes us feel good if we are welcomed by others or when we welcome someone else. Jesus welcomed everyone, even those with contagious diseases. Jesus works through us when we welcome others.

There are lots of ways we can welcome a new friend. Put a tick next to the things you have done to welcome a new friend.

- Introduce an old friend to a new friend.
- Ask your new friend questions about himself/herself.
- Smile at your new friend and say "Hello." Talk to him or her.
- Share a snack with our new friend.
- Help your new friend carry his/her things.
- Give your friend a compliment.
- Find out what topics your friend is interested in and talk about them.
- Let your new friend decide what game you will play.
- Ask your new friend to join you and your friends at lunchtime.

Friendship Barriers

Sometimes we think it is easier to just keep playing with the friends we already know and not make new friends. The way we think can sometimes stop us being a welcoming person. It is hard sometimes to make new friends especially if we are a shy person, or don't know what to say. Sometimes we think our old friends will get jealous or not play with us. **Why is it important to make new friends?**

Be a Friend Story Starter

In groups read the story starter and discuss what each character could do.
After the discussion share your ideas with the whole group.

Compliment Cavalcade

What is a compliment? Compliments are comments we make about someone to let them know we have noticed something good about them. They are a good way to begin a conversation with a new friend. Compliments make us feel good about ourselves. Try writing some comments about other people in your group.

Name _____

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The big 'E' word

Encourage

We all like to be encouraged in whatever we try to do. In any sport we see on TV, players run in and encourage one another – this encouragement always lifts people and teams. The word says it all. **Encourage** – we are given courage by a word or a smile that lifts us to do better. Use words such as 'well done', 'great effort', 'sensational', 'you're fantastic' etc.

Alphabet Race

In teams see if you can think of a word to encourage others which starts with every letter of the alphabet. Don't forget to encourage your team members to keep thinking.

Question:

When was the last time I used such words?

Who have I encouraged today?

Can I improve in that area at home, at sport or at school? How?

Acrostic Poem

Finish the poem using your favourite encouraging words. Decorate your page by drawing pictures of how you can encourage others.

E
N
C
O
U
R
A
G
E

Walking God Moments (WGM)

Do you know anyone who is constantly cheerful, generous, welcoming and an encouraging person? I am sure we all do if we take the time to look around us. Are there any in your class?

Activity

1. Name a person in your life who shows a lot of :

Kindness _____

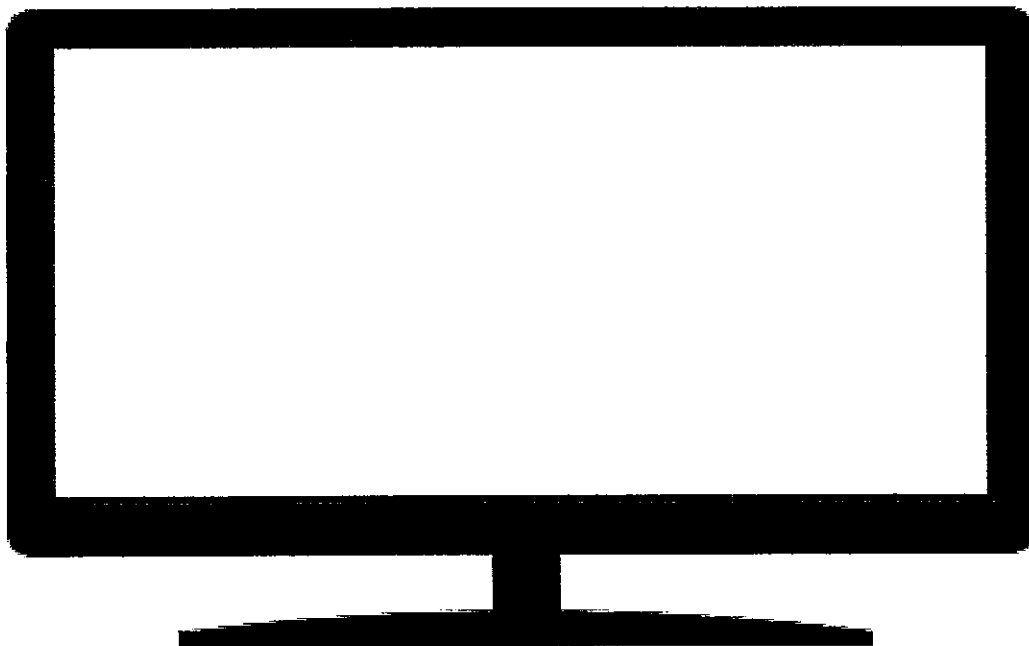
Cheerfulness _____

Helpfulness _____

Friendliness _____

Encouragement _____

Use your TV screen and draw a time when
you saw a God Moment in action.



Encourage from A – Z – Add a word or phrase of encouragement for each letter of the alphabet.

From	A	B	C
D	E	F	G
H	I	J	K
L	M	N	O
P	Q	R	S
T	U	V	W
X	Y	Z	And there is still more!!

"Sorry!"

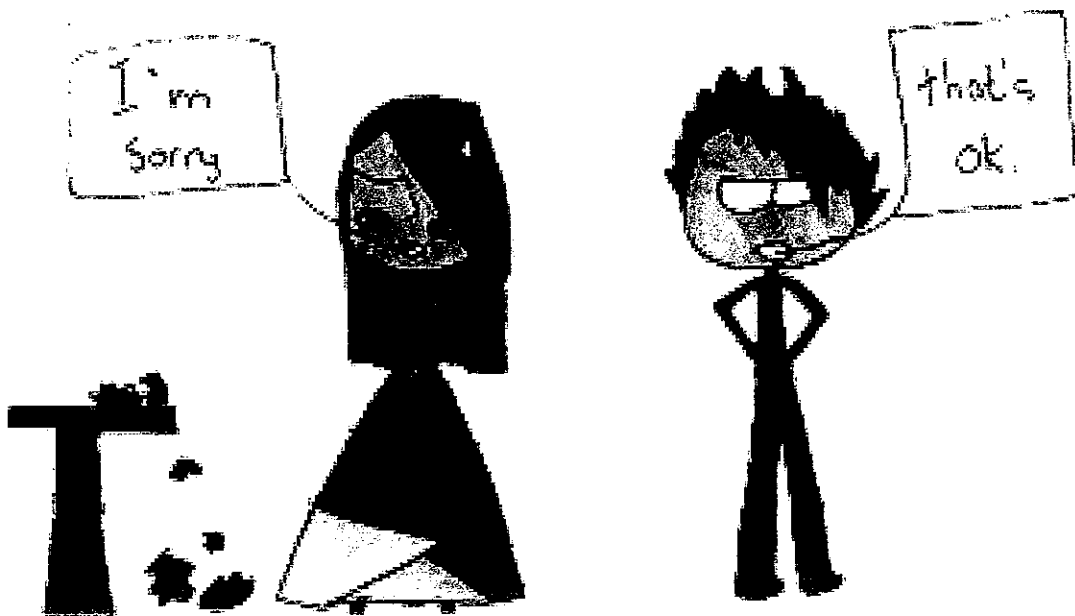
WHY SHOULD I SAY SORRY ?

- We all make mistakes.
- We all have accidents.
- We all get mad at ourselves sometimes and take it out on our family and friends.
- We all have bad days when things go wrong and we feel like the world is out to get us.
- We all do stupid things without thinking at times.

This means that we may hurt someone or hurt someone's feelings.

If you know that someone has been hurt in some way by what you have done or said then you need to try to make things right.

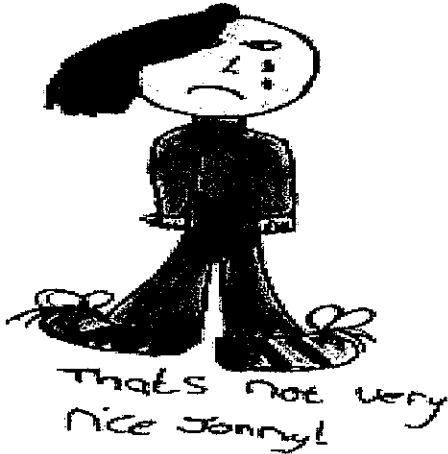
You need to say "I'm sorry."



WHEN SHOULD I SAY SORRY?

Saying sorry can help put things right when:

- you have hurt someone or their feelings



- you have lost or broken something belonging to someone else
- you haven't done something you were supposed to do
- you did something you were not supposed to do
- you told a lie
- you let someone else take the blame
- you passed on cruel gossip about someone
- you chose to break a rule at home or school
- you let anger be the boss of you
- your actions have put someone into danger
- you have got someone into trouble.

These are just a few examples of when you know you've done wrong, and saying sorry is the first step to putting things right again.

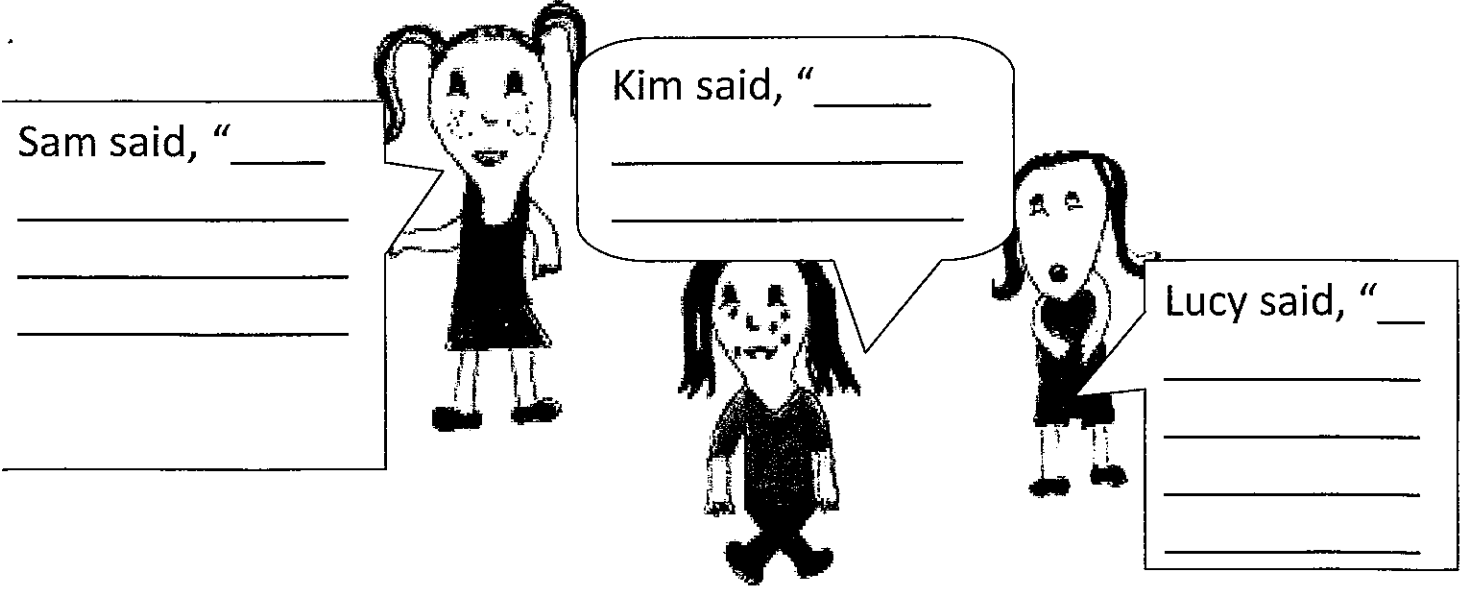
Write about another time when you would need to say sorry

● you have _____

Sam and Lucy have said something to upset Kim. What do you think they said?



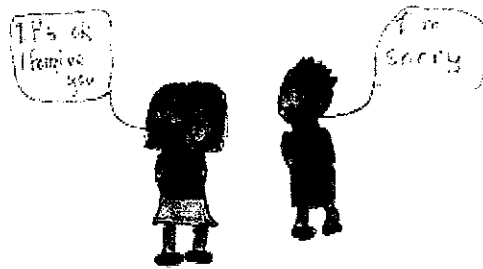
When we are not kind to others, we usually end up feeling bad ourselves. What might Sam and Lucy say to Kim to make things right? What would Kim say back?



SAYING SORRY CAN BE HARD

You may:

- feel really nervous about it.
- feel bad about yourself.
- feel disappointed or mad with yourself.
- feel that saying sorry won't make any difference as you've said or done something to hurt someone or their feelings.
- feel that the other person won't want to forgive you or accept your apology.



What you might say

It can be embarrassing to say sorry. No-one likes to think that they are in the wrong.

If you are saying sorry then:



- You have realised that you did or said something unkind.
- You feel sorry for the person you hurt.
- You want to do something to make things all right again.

After you say sorry then you will feel better and so will the person you are saying sorry to.

You will feel even better if you can do something to try and put things right.

Maybe you could say something like:

- "I'm sorry about what I did. I won't do it again."
- "I'm sorry I broke your pencil, I will get you another one."
- "I wasn't thinking because I was so mad, but that is no excuse for what I said or did."
- "I'm sorry I hurt your feelings and I won't do it again."
- "I'm sorry I pushed you. I just wasn't looking where I was going. Are you alright?"

In groups of 3 or 4 you are asked to act out the scenario given to you on the yellow card. You need to think about what you

would say **and** what you would do.

Remember, saying sorry is a good way to make things right. Jesus would say sorry to us. We should say sorry to others.

"Thanks!"

Use the big "T" word - Thanks (ten times a day)

It is good to use your manners and say words like **Please**, **thanks** and

EXCUSE ME.

The word "thanks" is a small word that seems to be forgotten in so many cases. We all like to be thanked for the small things we do for others. The following questions might be able to help us.

Students:

When was the last time I thanked Mum or Dad for ironing my clothes, cooking my meals? When did I last thank my parent or guardian for driving me to school or sport or dancing etc? When did I last thank Mum or Dad for the food and clothes I have and the love they give? Do I say the word "thanks" to my teachers and friends at school and the people at the tuck shop?

Parents:

Are we grateful for the interest of the school in our children and do we say "thanks"?

Teachers:

Are we grateful for the support of the parents, other teachers, principal and students? Do we say "thanks" to those people?



Activity:

The small things in life are probably more important than the big things. WEST is a good example. How do you feel when people praise you, smile at you etc?

Just like when we say sorry, we try to **DO** something to make up for what we have done, we can also **DO** some things when we say thanks. What are some small things that we can do to make people feel good when we say thanks?

What are you thankful for? List ten things you would like to say thanks for?

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A WANT OR A NEED

A few years ago a Principal wanted a certain item to be purchased. He was asked, "Is that a want or a need?" He replied, "A want more than a need." It is often a good question to ask ourselves.

List three things you want and three things you need.

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In groups make a picture collage of the things we should be thankful for.

SEE GREATNESS - GOODNESS IN OTHERS.

There is so much goodness in people. Positive people see it but negative people pick out the faults that we all have. There are so many people with wonderful qualities that we can imitate. Positive people see goodness; negative people become jealous and insecure.

Question: What are some good qualities in my family or friends at school? Am I a person who looks for the bad in people and draws attention to it?

Activity:

List the good qualities that I admire from home and school.

Make Jesus Real

by letting

Jesus work through us

and by

Seeing Jesus work through others!

